



networks

The Journal for Youth & Children Workers in Lothian

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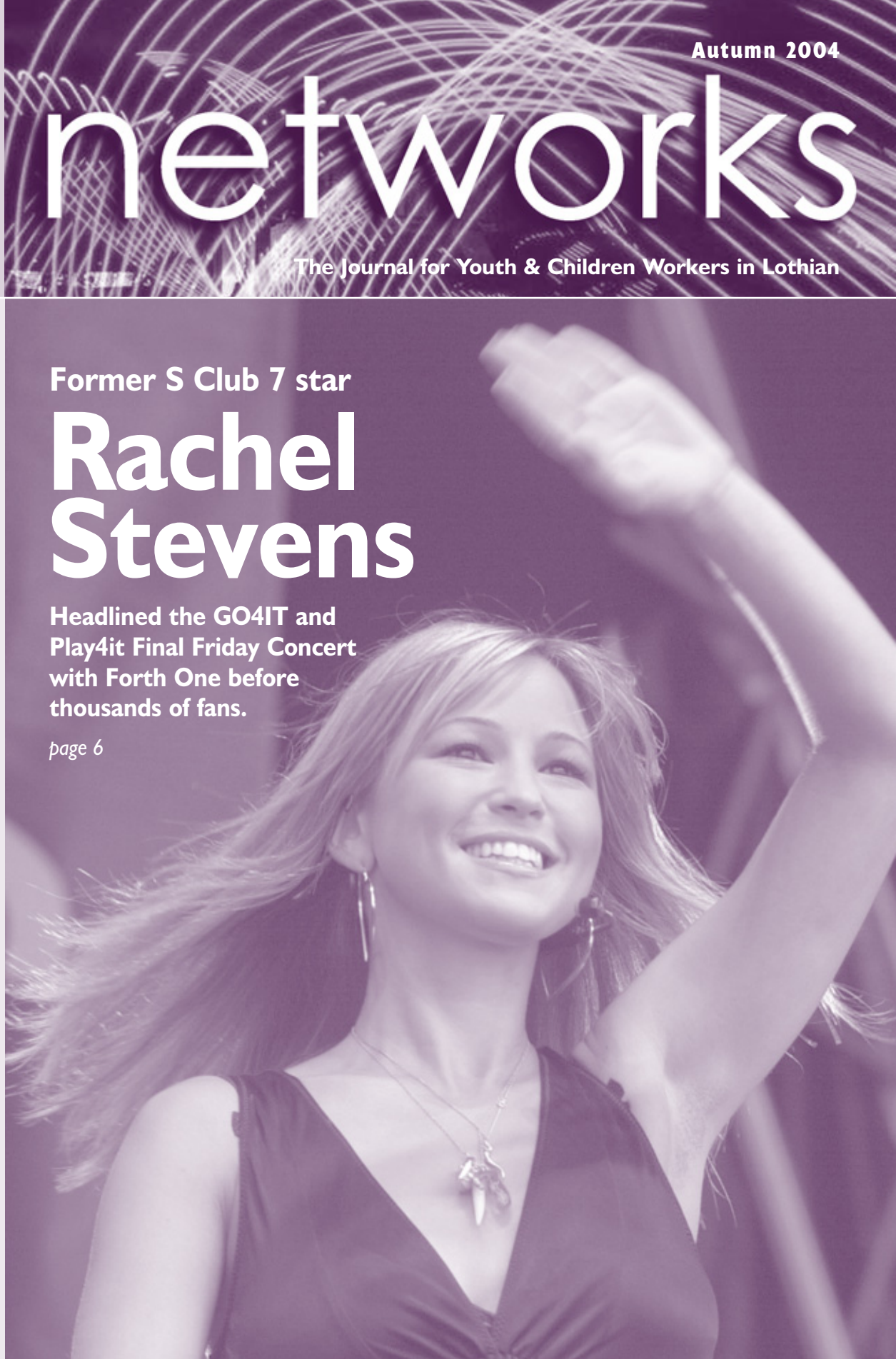
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YOUNG PEOPLE SHOULD BE SEEN AND HEARD

Around 100 young people from all over Scotland gathered at Livingston Football Stadium for a conference on democracy on Thursday 10 June 2004 (coinciding with the European Parliamentary elections). The young people participated in a range of morning workshops, which included exploring the voting age, the Scottish Parliament, being young in Europe, young people standing for council, the illusion of democracy and debating.



The days events were launched by three members of the West Lothian Youth Congress pictured here alongside Alex Linkston (Chief Executive of West Lothian Council). In the afternoon young people were able to choose workshops ranging from Indian head massage and yoga to DJ-ing skills, football and rugby.

Surfing the LAYC Web Site is Plain Sailing!

Rumour has it that those at LAYC are turning into a right jealous lot. No not us, the Los Angeles Yacht Club of course!! Well let's face it you can hardly blame them as the news that we continue to get more and more hits on OUR web site would be enough to put the wind up anyone's sails! And who can blame you for clicking on? Well there are now even more reasons to hit on us more often!

Our up to date Training Programme includes forthcoming dates, venues, trainers, course outlines and details on how to book. With our ever-increasing database of e-bulletin subscribers it makes sense to advertise vacancies and up and coming training courses through this service, which is free to all affiliated clubs, groups and agencies. Finally if you are looking to promote a Conference, AGM, Volunteer Fair or other events where all are welcome then why not tell LAYC. We'll post it under our Calendar section and whether it's a national or local event we'll help you promote it!

With very similar addresses be sure to log on to www.layc.org.uk and not our green eyed friends in LA (however if you're into sailing just drop the .uk). **If you need help or have any queries regarding these services call us on 0131 667 1828.**

A Date for your Diary

Youth Scotland are hosting their annual national training conference for part-time and voluntary youth workers at The Hilton Edinburgh Airport on Saturday 13 and Sunday 14 November 2004. Practical Problems - Sensible Solutions 2004 will include a keynote address on youth work developments in Scotland and a range of workshops for participants to choose from. This youth workers' training conference has been developed to address some of the practical problems faced by part-time and voluntary youth workers in the delivery of quality grass roots youth work. It also represents a great opportunity to network with workers from all over the country and find out who is doing what and where! **For further details check out www.layc.org.uk and click on calendar or telephone Angela Mitchell at Youth Scotland on 0131 554 2561.**

BE CRAFTY

Join and stock up at PACE

With clubs and groups getting back into the swing of things you may need to stock up on your arts and crafts materials. Fed up buying materials in too much bulk and a bit on the pricey side? Well "Take Hart" - If you are not already a member why not consider joining PACE? For £15 (membership fee for the year) you can shop at their resource base, which boasts a wide range of quality arts and crafts materials at competitive prices and quantities that may be more to your liking. In addition you'll be alerted to all their sales and offers and you can even be invoiced for your purchases. Membership is open to clubs, groups and individuals. But don't take our word for it, check it out for yourself at PACE, Unit 7 Castlebrae Business Centre, Peffer Place, Edinburgh EH1 6 4BB. **Opening times 9am-3pm. Tel: 0131 468 5505.**

CONSULTATION ON YOUNG PEOPLE'S FUND

Launched on 1 June 2004, the Big Lottery Fund took over the functions of the Community Fund and the New Opportunities Fund. It is responsible for giving out half of all Lottery funds for good causes. Though existing Community Fund and New Opportunities Fund Programmes will continue to run, the Big Lottery Fund will be launching new funding initiatives in the future. The intention at this stage is to launch the Young People's Fund in Spring 2005.

The Young People's Fund will make £20 million available to benefit young people in Scotland, particularly those who are most disadvantaged. With the foremost aim of promoting youth inclusion by supporting active, healthy and positive lifestyles, the Young People's Fund will be developed in consultation with young people and they will continue to be involved in the programme as it is delivered all over Scotland.

The Big Lottery Fund is in the process of consulting on its plans to develop and deliver the Young People's Fund in Scotland and is welcoming views on all aspects of how they do this. The consultation process continues until 31 October 2004. A pdf version of the consultation document is available on line at www.biglotteryfund.org.uk or by request from enquiries@biglotteryfund.org

OOSHLA 2

No it's not an anagram or movie sequel - Edinburgh's Out Of School Hours Learning Activities (OOSHLA) are welcoming funding applications for phase 2 of the programme. Strictly targeted at the most vulnerable and disadvantaged children and young people in the City, the programme is concerned with raising the attainment, self-esteem, motivation and self-confidence of participants. Applications are being considered for activities taking place on or before 28 February 2006.

For an application pack and/or advice on any aspect of Phase Two of the OOSHLA Programme you can contact Patricia Santelices, Programme Co-ordinator, on 0131 469 3201 or by e-mail to: patricia.santelices@educ.edin.gov.uk It might also be an idea to speak with your local Working Together Co-ordinator around this. If you don't already know who they are, give us a call at LAYC and we'll give you their contact details!

TEENAGERS WITH A FAMILY MEMBER IN PRISON

The Scottish Forum on Prisons and Families has recently published the findings of a study carried out around teenagers with a family member in prison. The organisation exists to highlight the needs of children, partners and other family members of prisoners; promoting, co-ordinating and enhancing services to meet these needs.

This study is the first to focus on the needs of the teenagers affected by imprisonment of a parent, partner, sibling or other relative; a hard to reach and previously invisible group.

One of the most striking and alarming findings of the study is the high number of young people who find themselves in circumstances which isolate them from service provision and from their peers in the community; for them the term social exclusion is a daily and potentially long-term experience, the trauma of arrest, trial and subsequent imprisonment and loss of their relative leaves a distressing legacy. At times the report presents harrowing reading.

The report recommends that the Scottish Forum works with prisons, police, Crown Office, education, social work and other agencies in contact with young people with imprisoned relatives, in order to raise awareness of their needs. These agencies have a role to play in providing support and information for this group of severely excluded young people.

LAYC have a copy of the report in our resource library available on loan. Copies of the report are available to purchase from The Scottish Forum on Prisons and Families, 1st Floor, 17 Waterloo Place, Edinburgh EH1 3BG. Tel: 0131 557 9800. Cost - £7.50 (£10 including postage and packing).

CITY CLUBS GET HELP WITH DISCLOSURES

LAYC supported by the City of Edinburgh Council has been successful in receiving Scottish Executive Changing Children's Services funding to help youth and children's groups in the city with the process of accessing criminal conviction information on members of staff.

As groups will know this process is rather complex and further regulations and legislation around the safety of children will soon make it a legal requirement for groups to have a way of checking whether a person seeking to work with children and young people is appropriate.

Plans are proceeding with some speed to come up with a training and administrative system for LAYC to help city clubs meet these requirements. Additional staffing to carry out these developments will now be able to be recruited.

Further details should be available in the affiliation mailing to clubs. If you would like to know more please contact Graham McCulloch at the LAYC Offices.



Annual Meeting

LAYC's AGM will be held on Wednesday 3rd November 2004 in the City of Edinburgh Council's City Chambers at 7.00pm.

This is during National Youth Work Week and the meeting will include an opportunity to mirror the theme of the week "The Best of Health"

All clubs are invited to send along representatives - the brief business meeting will be followed by an opportunity to meet with LAYC staff and management committee and provide members and friends to consider the health of LAYC as it begins to finalise its Development Plan for 2005-07.

It's your organisation - come along and give your views.

Insurance and Affiliation

Affiliated groups will recently have received a detailed 8 page booklet from Youth Scotland entitled "Insurance Matters" which explains in detail (but in easy to understand terms) what is actually covered by your club insurance policy which for most clubs is part of your LAYC affiliation fee.

The booklet details what to do if your group plans to take part in an activity which might be a bit out of the ordinary, run of the mill club activity and includes answers to a list of 'Frequently Asked Questions'.

Affiliation and Insurance is due to be renewed from 1st November 2004. Clubs should keep this in mind and look out for the separate mailing which will be coming your way shortly once the final negotiations have taken place with the insurers about the costs of the policy for this year.

Networks ...

.. and how to use it!

Who reads "Networks"? Apart from you?!? Do you pass it around and encourage people to read it? Or does it lie on a desk or in a mail tray?

Who writes "Networks"? ... apart from me? Have you ever thought about writing in? - tell us what should be in ... tell us what your group is doing ... tell us what problems you need sorting!

After the last "Networks" survey we know who you are, what you do with "Networks" and we know a little about what you want! LAYC are coming out your way soon with a digital camera and a notebook so if you'd rather put your ideas in print than have LAYC put words in your mouth get writing now. (If you're happy for us to visit and tell the world what you're up to we'd love to be invited!)

It doesn't have to be a prize-winning essay - it doesn't have to be long! It could be a letter getting something off your chest or asking if anyone else out there in "Networks" land wants to help organise a joint activity with your group ... Give us a call! Drop us a line! ... Hold the front page there's an article just coming in ...

SNAP

Free to a good youth work home - an assortment of photographic developing equipment has been handed in including a colour enlarger. If your group could use it and can arrange for someone to come in to collect it, give the LAYC office a call on 0131 667 1828.

LEISURE LINKS GOING FOR GOLD

Sometimes you take old friends for granted. Sometimes even the best performers can fail to live up to expectations. Leisure Links, the LAYC/Edinburgh Leisure/PACE initiative to increase use of leisure facilities in Edinburgh by offering discount rates to youth and children's groups (and the leaders who work with them too!) won't be resting on its laurels. This year we're 'Going for Gold' with a revised and tailored scheme based around the information we've gathered from operating the scheme for 2 years.

So look out those old trainers, have a look at your club programmes and look out for details on how you can take part!

This year LAYC groups will be able to register for Leisure Links at the same time as they renew their affiliation. To help us get it right and to give a better way of checking how to improve the range of Leisure Links benefits please complete the Leisure Links Survey Form included in this Networks mailing and return it by Friday 22nd October 2004. Or fill it in 'on-line' at www.layc.org.uk



healthy respect

INVASION OF THE PERFECT PEOPLE !



As human beings, we experience differing levels of self-esteem throughout our lives. The teenage years can often be the most difficult, as our identity as individuals further develops. Research from the Joseph Rowntree Foundation suggests that, along with other influences, low self-esteem is a risk factor for suicide, suicide attempts, depression, teenage pregnancy, and victimisation by others.

Healthy Respect's latest awareness-raising promotional campaign, 'Invasion of the Perfect People', draws its inspiration from the 1950s B Movie genre and was launched during the fpa's Sexual Health Week 2004 (2-8 August). It tackles the issue of self-esteem and provides

reassuring, common sense tips, via the Healthy Respect website, on how to boost it. To publicise the campaign, a quirky radio advert was broadcast on Forth One, along with an on-air promotion. Postcards and posters directing young people to the site have now hit the streets via a commercial distribution run and are available in Healthy Respect drop-ins.

If these do not reach your agency and you would like copies to distribute to young people, please do not hesitate to contact us.

SEMINAR SERIES AUTUMN 04

Healthy Respect's last seminar series was extremely popular and well attended by professionals from a range of disciplines, including youth work. The next seminars are due to begin on Tuesday 28 September with a focus on Healthy Respect's communications work and brand building activities. Healthy Respect's work in schools will be the topic on 26 October, followed by Developing and Supporting the Role of Parents on 30 November.

To order any of these free resources or for seminar booking information, please contact Healthy Respect on 0131 536 9454, email healthy.respect@lhb.scot.nhs.uk.

PARENT:TALK

Even when parents don't talk with their children about sex and relationships, they give out strong messages. Again, research suggests that, when parents do talk about sexual health and relationships with their children, then they are more likely to delay sex for the first time and use contraception when they do.



'Parent:talk' is the first newsletter for parents from Healthy Respect's dedicated parents' project, which aims to help parents become better informed and more involved in the sexual health and relationships education of their children. Also launched during Sexual Health Week, this first edition contains the results of research with parents, ways for parents to begin discussing sensitive topics, and extensive listings of helpful organisations.

Copies can be ordered from Healthy Respect and are available from local libraries and other relevant organisations.

MADRID YOUTH EXCHANGE

In Dec 2003, a short e-mail came through looking for partners to join in a Break dance Youth Exchange. Having never been part of a youth exchange we decide to note our interest, as did twenty-six other youth dance groups across Europe. 6VT was picked along with five other countries from Europe, Austria, Norway, Sweden, and Bulgaria.

In July 2004 forty eight young people met up in a small town on the outskirts of Madrid called Coslada. The initial night was a bit tense as the groups commenced a fact finding 'Battle' to see who was the best 'crew' the groups were getting more and more competitive trying to out do each others moves. The Scottish boys were better at dancing than we appreciated so became the targets for the Austrians, who were determined to beat them. Sensing the tension, we asked our boys to call a halt on the battle and shake on it. From then on in friendships blossomed.

The group had nine days in which to put together a show which involved all styles of dance and involved all participants - They were booked to give a public performance which

over 500 people turned up to see. This gave the group a tremendous sense of achievement.

Workshops were held daily from 10 till 2 then 4 till 9pm. Despite the language barriers, routines were successfully put together. Lots of motivation and support was needed from the workers to deal with the tensions that would arise in workshops, which were fuelled by lack of sleep, extreme heat and wannabe prima donna's.

Throughout the exchange we saw our boys grow as individuals they developed an air of self-confidence, building positive relations with everybody they met. Thanks to MSM, they continue to speak regularly with their friends from the exchange. They took their role as being ambassadors for Scotland very seriously! Every day they wore their party Kilts with pride, which naturally attracted them lots of attention wherever they went, so much so, all the countries want to come to Scotland for the next part of the exchange.

One of the most important elements of the exchange was building on culture awarness to



help combat racism. Coslada was affected by the bombings on 11th March 2004. It was the train line between Coslada and Madrid where the killings took place. Since then they have had an increase in racial intolerance. The exchange, which brought young people from mixed cultures, aimed to re educate people and challenge behaviours.

The whole experience was enjoyable and educational, the majority of the group had never been abroad, and even the travelling was a learning experience, which has left them feeling empowered enough to be making their own plans to go abroad again.

It has most definitely been a worthwhile piece of work which more groups should consider doing.

GO4IT

Edinburgh's school holidays ended in spectacular style, when former S Club 7 star, **Rachel Stevens** headlined the GO4IT and Play4it Final Friday Concert with Forth One before thousands of fans, in Princes Street Gardens on August 13.

The concert, in association with 97.3 Forth One and Regular Music was hosted by Forth's Boogie and Vicky, from 'Boogie in the Morning' and Mark Martin from the Forth One Hit List. Also appearing with Rachel Stevens were chart newcomers, Pop, the successful Irish group Fifth Avenue, soul diva and daughter of Billy Ocean Cherie, and boy band Twe2y 4 Se7en.



Go4it and Play4it are part of the largest Community Education programme in Scotland and offers children and teenagers the opportunity to experience a wide range of activities - at low cost - during Easter, summer and October school holidays. Activities include sports, theatre workshops, scuba diving, rock school, cooking, mountain biking, Festival Radio, web journalism, white water rafting, skateboarding, video making, dance, Journey into the Unknown which took young people into the 'haunted' vaults under the city and a whole lot more.

This year a massive 9056 places were offered through the programme. This included 3356 places offered on activities with a further 5700 attending special events including the launch day at Fountainpark, the final Friday in Princes Street

Gardens and evening rock concert in the Liquid Room.

In addition to this thousands more attend local activities across Edinburgh through the GO4IT and Play4it Local Awards which gives out £50,000 to organizations who work with children and young people.

Councillor Rev Ewan Aitken, convener for education, said . . .

"Look out for the Play4it October Sports Programme, for P4-P7, which runs during the October school holidays from 18 - 22 October. Brochures will be distributed to Primary schools, community centres, leisure centres and libraries from mid September."

CITADEL MEMBERS GO 'SAILING IN THE CITY'

As part of the summer programme offered by the Citadel Youth Centre in Leith over 40 young people had the opportunity to try sailing for the very first time thanks to an initiative called 'Sailing in the City'.

Sailing in the City, a project being run by the R.Y.A. (Royal Yachting Association), is basically a mobile sailing centre that comes into areas where young people live. The aim is to provide everything that is required to enable young people to experience the excitement and challenge of sailing safely without having to venture off to fancy watersports centres that may prove to be too intimidating for some. Through this initiative, sailing can take place in ponds and stretches of water (min 2 feet deep) in communities where young people live. Everything arrives on a trailer including sailing dinghies, all clothing and safety equipment (including buoyancy aids, helmets and waterproofs), rescue launch and qualified (young person friendly!) instructors.

After an initial request to sail on the nearest 'lump' of water to the Citadel Youth Centre, Victoria Dock in Leith Harbour, was turned down - the second choice was Granton Harbour.

Over the course of two sunny days in July, groups of young people who regularly use the Citadel took part in 'Introductory to Sailing' programmes lasting for 2½ hours which involved participating in a variety of fun games and exercises intended to develop skills in helming (steering the boat), tacking & gybing (turning the boat) and righting a capsized (getting wet!). The temptation to go swimming in Granton Harbour on a hot, sticky day was too much for some! Brrrr!

For those that were keen to advance beyond getting their 'Introduction to Sailing' certificate, a further two days were organised in August which provided 16 Citadel members the opportunity to pass their RYA Level 1 Dinghy Certificate, a UK wide recognised sailing qualification.

As a result of the success and enthusiasm shown by young people in the Citadel 'Sailing in the City' programme, plans are already being developed for 2005.

Thanks go to the Edinburgh Community Safety Partnership who provided funding for this activity.

Willy Barr - Citadel Youth Centre, 175 Commercial Street, Leith, Edinburgh, EH6 6JE (Tel: 0131-554-0510 or email info@citadelyouthcentre.org.uk)

If you would like to get more information about getting involved in the 'Sailing in the City' project, contact Jane Scott, RYA Scotland, Caledonia House, 1 Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ. (Tel: 0131-317-4610).

ALL TOGETHER NOW YOUTH AGENCIES IN GREATER PILTON UNITE

Nine youth agencies within the Greater Pilton area united this summer to run a huge variety of events and activities aimed at supporting young people from different areas of the community to mix and get to know each other in a positive way. The youth action group (YAG) brings together the 9 youth agencies within the area and looks to develop opportunities at building positive relationships with and between the young people of Greater Pilton.

Up to 500 young people aged 12+ took part in the huge variety of events and activities throughout the summer holidays. This ranged from trying to be the next Gordon Ramsey in the Ready Steady Cook Challenge to giving Sly Stallone a run for his money by canoeing, mountain biking, climbing and running their way to first prize in the North West Boys Challenge.

All the youth agencies involved within these area wide events also held centre based activities for their local young people. This allowed them to combine the area wide events; where the young people got an opportunity to mix and get to know people from different areas; with local events which built positive relationship with young people in their area.

Funding was secured from the Community Safety Fund, Pilton Partnership and Go 4 It which aims to offer young people the chance to take part in positive activities, meet other young people from different areas and fosters a greater sense of community within the areas which they live.

The summer kicked off with the big carnival project with girls from Pilton, Granton, Drylaw and Muirhouse coming together to design, make and show off their costumes in the Edinburgh Festival Princes Street parade which took place at the end of August. Other girl only events and activities organised by the Girls Consortium included body combat, fashion design and treasure hunts.



Fat Boy Slim wannabees tried their hand at mixing, scratching and spinning their way through the DJ workshops held in the Muirhouse Millenium Centre whilst the next Darren Fletcher practiced their volleys, tackles and penalties at the football tournament held in Portobello Pitz.

The summer finished with the self proclaimed 'biggest scavenger hunt in Edinburgh' which pitted the wits of young people against each other to find the best team to crack, navigate and overcome the many twists, challenges and puzzles which the 'Quest' always throws up.

The pictures represent just some of the events that ran over the summer both locally and area wide and the many young people that took part.

The aim now for YAG is to continue holiday provision over the October and Easter breaks and develop a year round provision which dovetails into term time thus providing sustainable opportunities for the young people to mix, get to know each other and work together for the betterment of Greater Pilton.

All the youth agencies are running programmes throughout the year and can be contacted on the following numbers:

Muirhouse Youth Development Group	0131 476 7237
Pilton Youth and Children's Project	0131 332 9815
Drylaw Neighbourhood Centre	0131 315 4989
Black Community Development Project	0131 467 7990
Granton Youth Centre	0131 467 5854
Fet Lor Youth Centre	0131 332 4506
Greater Pilton Girls Consortium	0131 332 9815
West Granton Y & P	0131 339 1884
Streetwork	0131 332 6316

Granton Youth Centre's Summer of Fun

GYC has been a hive of activity over the school holidays with lots of activities for over 150 young people. Activities included adventures on the high sea (well Granton Harbour actually!) with young people from the Citadel Youth Centre, Spider Man impressions out at Ratho Adventure Centre and visits to the Circus for everyone.

GYC took part in all of the activities organised by the Greater Pilton Summer Programme. Staff at GYC organised 2 events (Carnival Project and Football Frenzy). The young people enjoyed mixing with other people from all over the area and loved the range of activities on offer especially the Boys Challenge and the Quest. Although we did win both of these events!

GYC prioritised these area wide events to encourage participation from young people from Granton, Royston and Wardieburn area in activities involving other areas. The girls took part in a range of activities organised by the Consortium including customised clothing sessions, bodycombat and hosted an indoor barbeque on Wednesday 4th August due to the usual summer weather. The boys took part in the NW Challenge, football at the Pitz and their own session out at Ratho.

Bernice Farmhouse (near Dunoon) was the setting for 3 weekends of activities for over 50 young people aged 11-18yrs. Much fun was had jumping in the waterfall and enjoying the beautiful Scottish outdoors sometimes in the rain! Although there was a mysterious illness amongst staff for one night only!!!! Many thanks to Benmore Centre for once again providing staff to support the groups take part in gorge walking, canoeing, abseiling and climbing sessions. Special thanks to all the young people for taking part with enthusiasm and for providing some great laughs.

GYC has had a wee face lift over the summer and we are opening a new Learning Suite in September. Staff have been busy doing their Changing Rooms impressions as well as running about mad getting ready for the Autumn programme. Will we be ready in time? We hope to welcome all our regulars and new faces back to the Centre in September.

See our programme for details of all our clubs, projects and activities.

6VT the Hut

6VT were asked to pilot a summer project in the Princes Street Gardens area over the school holidays by Edinburgh Councils Community Safety Unit. We were kindly donated a loan of a hut which formally housed Port Edgar's Pier Master. 6VT staff turned it in to a compressive youth information point where people could pick up the general youth issues material and find out what was available for young people to do in the city.

A few businesses supplied us with free or discount passes, Odeon Cinema at Wester Hailes gave us 100 free cinema tickets, Lothian Buses gave us discount vouchers, and most of Edinburgh's under 18's clubs supplied us with free passes. We had a lot of parental enquiries as well as local and visiting young people keen to find out what was on offer. Staff also spent time walking around and making contact with young people using the Gardens. Park attendants also called on staff to help on child safety issues. Parents looking for missing teenagers called in thankful for finding people. On top of the hundreds of genuine youth enquiries we had the same again trying to pay us for a ride on the nearby Carousel. Overall feedback from parents & teenagers suggest that more ad hoc youth services would be good for the city that young people could just join in with, a bit like the old play schemes that used to operate in every local area. Overall a successful pilot that could be developed next year. Thanks to all who supported this project.

DON'T FORGET THE CARDS!

Begbie Did you bring the cards?

Sick Boy No, I did not bother

Begbie I told you to bring the cards!

Sick Boy Why didn't YOU bring them??

Begbie Cause I told YOU to bring them!!!

Remembering the cards can do more than keep the likes of Irvine Welsh's Begbie off your back! Playing cards that are blank on one side provide a useful tool for working with young people in a variety of settings. The beauty of playing cards is that they are familiar, informal and easy to handle and store. By simply writing questions, statements and various other cues on the blank side you can encourage young people to express themselves in both individual and group work. From getting to know you icebreakers such as "my favourite thing...or least favourite thing..." to "the person in the group who..." and not to mention agree/disagree statements etc. the list, and potential here, is endless!

LAYC has sourced a supplier of playing cards that are blank on one side. The company concerned charge £1.75 per hundred. There is a small charge for postage and packaging, however we experienced a prompt delivery service. Check them out for yourself on www.spiritgames.co.uk

MAD 4 IT

M.A.D. (Mixed Activities and Dance) is a project based at Ainslie Park Leisure Centre targeting girls aged 12-16 years. The project aims to give girls the opportunity to take part in new and exciting dance activities as well as using the pulse centre and pool after school hours.

For more information on this project due to be launched in September 2004 please contact David McKelvie at Ainslie Park Leisure Centre on (0131) 551 2400.

Gymsters is Edinburgh Leisure's recreational gymnastics programme for children aged 5-12. The classes operate in 8 leisure centres across the city and are structured to provide as much variety and fun as possible. Throughout the year, children finish each term with an event including a Christmas Display, Annual Competition or a Disco!

If you are interested in our classes, please contact Sports Development (0131 652 2178) for centre details. Edinburgh Leisure also offers **Gym Nippers** - music & movement classes for the under 5's. For general enquiries, please contact Gymnastics Development on 0131 652 4336

Irish Exchange Group visit Dublin

Representatives from the Greater Pilton Exchange Group travelled to Dublin in August to meet with a youth group from Ballymun. Marc, Neecole, Dean, Yvonne, Wayne and Ben enjoyed 3 days finding out about Dublin, visiting the Ballymun Youth Centre, meeting new people and working on their application for a full exchange programme for next year.

The group visited Ballymun in Dublin, which is an area in the middle of regeneration. They witnessed the building of new houses and the demolition of the old buildings. The Ballymun Youth Group were great hosts and we enjoyed the songs, the laughter and the 'crack!' We are looking forward to returning and welcoming them to Greater Pilton early next year.

Many thanks to everyone for their support which enabled the group to fully experience a different way of life and memories which will last forever. Special thanks to the Summer Programme, Community Education, Pilton Partnership, Granton Youth Centre, Youth Participation Project and Muirhouse Youth Development for their financial support.

The group are currently working on their video diary of their visit and hope to exhibit a display of the area old and new in the New Year.

Fun, Fun, Fun at the Festival Parade

The Greater Pilton Girls Consortium ran a 4 week project, girls from all over Greater Pilton enjoyed a day of sun, smiles and beads at the Edinburgh Cavalcade parade on 8th August. The group enjoyed making their costumes, designing the float and making new friends.

A float was donated by Forth Ports PLC and the project was supported by the Greater Pilton Summer Programme. Everyone had a great time and worked very hard to get everything ready in time. Thanks to everyone who took part and look forward to going on to bigger and better next year.

Special thanks to workers, volunteers, funders and specially to Peter Mein who was our knight in shining armour for organising and driving our float.

OPEN ALL HOURS

Open All Hours - Youth Club nights for secondary aged young people - is now operating from seven

Edinburgh Leisure sites across the City namely, Gracemount, Drumbrae, Ainslie Park, Meadowbank, Kirkliston, Warrender and Craiglockhart. This youth activity night has proved extremely popular with an average of 250 secondary aged young people crossing the door of the seven sites each week. Activities range from archery, trampolining, dance, health and beauty to fruit smoothie making as well as the more popular activities such as swimming, pulse and football.

Three year funding from the New Opportunities Fund has made this project possible to grow and develop but the success of Open All Hours is due to the commitment from the partner organisations in working together. They have played a key role in building a positive working relationship between Edinburgh Leisure, Community Education and FABB Scotland. Together they are planning and managing a youth programme which is fun, exciting and judging by the numbers of young people attending each week, very appealing. To find out further information please contact your local centre.

Ainslie Park Leisure Centre	0131 551 2400	Friday	7pm - 9pm
Drumbrae Leisure Centre	0131 312 7957	Friday	7pm - 9pm
Gracemount Leisure Centre	0131 658 1940	Friday	7pm - 9pm
Kirkliston Leisure Centre	0131 333 4700	Friday	7pm - 9pm
Meadowbank Sports Centre	0131 661 5351	Friday	6pm - 9pm
Warrender Swim Centre	0131 447 0052	Friday	7pm - 9pm (S1-S6)
Craiglockhart Sports Centre	0131 443 0101	Saturday	6pm - 9pm

Coach Education & Training Opportunities

Coaching Edinburgh works to improve access to training and development opportunities for sports and activities coaches in Edinburgh. A wide range of courses/workshops are available to help you get started as a coach and/or to further develop your skills and expertise. All courses are accredited and candidates receive a nationally recognised qualification and/or certificate of attendance.

GOOD PRACTICE & CHILD PROTECTION - cost £10.00

1	Wednesday 8th September	Craiglockhart Tennis Centre	6.15 pm-9.15 pm
2	Tuesday 5th October	Royal Commonwealth Pool	6.15 pm-9.15 pm
3	Wednesday 3rd November	Craiglockhart Tennis Centre	6.15 pm-9.15 pm
4	Wednesday 8th December	Craiglockhart Tennis Centre	6.15 pm-9.15 pm

COACHING CHILDREN & YOUNG PEOPLE - cost £15.00

Wednesday 1st September	Meadowbank Sports Centre	6.15 pm-9.15 pm
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COACHING DISABLED PERFORMERS - cost £15.00

Tuesday 7th December	Royal Commonwealth Pool	6.15 pm-9.15 pm
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HSE EMERGENCY FIRST AID FOR SPORTS COACHES - cost £35.00

Coaching Edinburgh has organised a programme of HSE certified Emergency First Aid courses specifically for sports coaches in the Edinburgh area. The qualification is awarded by the Health & Safety Executive and is valid for a period of three years (candidates receive a certificate of qualification).

Course 1	Sunday 22nd August 2004	Craiglockhart Tennis Centre	3.00pm-7.45pm
Course 2	Sunday 3rd October 2004	Craiglockhart Tennis Centre	2.30pm-7.15pm
Course 3	Sunday 5th December 2004	Craiglockhart Tennis Centre	2.30pm-7.15pm
Course 4	Sunday 6th March 2005	Craiglockhart Tennis Centre	2.30pm-7.15pm
Course 5	Sunday 5th June 2005	Meadowbank Sports Centre	2.30pm-7.15pm

COACH MENTORING TRAINING - cost £90.00

Mentoring is recognised as a powerful tool in the education and development of sports coaches. Coaching Edinburgh has arranged a course for potential mentors using the latest sportsScotland training programme. Training will cover topics such as mentoring practice, listening skills, the review process, effective questioning and technical advice. The 2 day course is workshop based and is designed to be interactive for candidates.

Course 1: Thursday 7 & Friday 8 October 2004, Craiglockhart Tennis Centre, 9am - 5pm

Course 2: Saturday 9 & Sunday 10 October 2004, Craiglockhart Tennis Centre, 9am - 5pm

For further information or an application form for any of the courses listed please contact Coaching Edinburgh on 0131 652 4335.

Training Programme

We have finalised our training programme for 2004/05 and are now in a position to publicise and promote various events. LAYC recognise the importance of providing accessible and relevant training for workers. With this in mind we will be running events at various venues throughout the Lothian's with the same price structure as last year, namely £10 per person for members and £20 per person for non-members.

Our training courses, which will run on Saturdays, are intended to be practical and are geared towards equipping workers with both the skills and confidence to do their jobs more effectively. Participants will receive certificates for attending and all courses are developed around clear learning outcomes. The following courses are coming up this year and at the beginning of next year:

Date	Course Title	Area
October 04		
23rd	Dealing with Challenging Behaviour (Youth Work)	East Lothian
30th	Child Protection (Youth and Children's Work)	West Lothian
30th	Up and Running (Youth Work)	Midlothian
November 04		
6th	Youth Achievement Awards (Youth Work)	Edinburgh
20th	Child Protection (Youth and Children's Work)	East Lothian
27th	Dealing with Challenging Behaviour (Youth Work)	West Lothian
December 04		
4th	Dealing with Challenging Behaviour (Youth Work)	Edinburgh
4th	Up and Running (Youth Work)	East Lothian
11th	Emergency Aid (Youth and Children's Work)	Edinburgh
January 05		
22nd	Games, Games, Games (Children's Work)	Edinburgh
22nd	Dealing with Challenging Behaviour (Youth Work)	Midlothian
29th	Emergency Aid (Youth and Children's Work)	Edinburgh
29th	Managing Challenging Behaviour (Children's Work)	West Lothian

Please note that the area simply denotes where the training is taking place and that all courses are open to all workers, regardless of where they work. To find out more about courses and booking procedures please contact us at LAYC. Alternatively check out our web site on www.layc.org.uk and click on training. By clicking on the icon, title or date of a course you can find out more about the course in question. Booking forms are enclosed in this edition and are also available on-line at the foot of each detailed training outline. Finally if you want details of forthcoming training events forwarded to you directly try logging on to our FREE e-mail bulletins service.

For more information or any queries regarding LAYC training contact Dale Marsters at the LAYC office 0131 667 1828 or e-mail: dale@layc.org.uk For those interested in additional training opportunities for Children's Work contact Brenda Rennie at PACE on 0131 468 5505.

Other useful contacts for finding out about further training opportunities with your council are: East Lothian - Maureen Leigh 0131 653 3003, Edinburgh - Michele Armstrong 0131 469 3378, Midlothian - Isobel Pattie 0131 271 3709 and West Lothian - Alastair Colquhoun 01506 776478.

Citizen Y the writing's on the wall



The Citizen Y campaign recently joined forces with Give youth a Chance (Streetwork), Consumer and Environmental Services department of the City of Edinburgh Council and Save the Children to co-facilitate and promote a graffiti art project in South Edinburgh. Young people in the Gracemount, Southhouse, Burdiehouse and Moreduin areas of Edinburgh have been looking into the differences between graffiti art and vandalism.

This involved photographing graffiti in the local area and canvassing local opinion through Streetwork. In the final weeks of the project the young people painted graffiti murals to express what they feel young people in the area need in order to relieve boredom and prevent vandalism to the local environment.

The Graffiti Project is one of the first to be highlighted and promoted through the Citizen Y campaign. Campaign Co-ordinator, Michael Cooper hopes this will encourage other organizations to see the benefits of their involvement through the campaign:

"With this piece of work Citizen Y was involved at various levels - planning, making contacts, providing a video camera and direct work with young people. We are now working with the young people and partners to organise a launch of the work and other ways to promote the exciting work the young people did. This is a perfect example of the resources that we can offer organisations through the Citizen Y campaign"

To find out more about the Citizen Y campaign, contact Michael Cooper on 0131 555 5111 or email m.cooper@youthinclusion.org. More info about the campaign is also available on the website: www.citizeny.org



Where do you come from?

The National Museums of Scotland and Edinburgh Youth Social Inclusion Partnership are looking for young people aged 14 to 21 from black and minority ethnic backgrounds, to take part in an exciting new project to tell the story of how new communities came to live in Scotland.

We are also looking for help from adults who are descended from immigrants or are immigrants themselves, and organisations that work with BME communities, to assist the young people with this project.



We will be holding regular project meetings in Edinburgh every two weeks, and anyone interested is welcome to attend.

To find out more information and the date and venue of the next meeting, please contact Samea Khan at EYSIP on 0131 555 5111 and s.khan@youthinclusion.org or Jane Beattie at NMS on 0131 247 4215 and j.beattie@nms.ac.uk

Participation Exhibition

The young artists have reclaimed their works and the smell of paint has finally dissipated from the EYSIP office . . .

The Participation Exhibition took place at the City Arts Centre from 26th-29th April and was attended by over 100 people including MPs, MSPs, local councillors and Richard De Marco who opened the event alongside Cllr Ewan Aitken. The exhibition offered young people involved with EYSIP and other organizations throughout Edinburgh the chance to express their views on issues through a variety of creative mediums.

A report about the Participation Art Exhibition is now available to download or request from the EYSIP office.

The report examines the methods for involving young people in the exhibition from streetwork sessions and outreach work to establishing a steering group to organize the event. The planning for the event is covered in detail, including the challenge of making up the art catalogues. The appendix covers the young people's feelings about being involved in the exhibition.

This report will be of interest to anyone thinking of organizing a similar event.

The report is available to download from www.youthinclusion.org. To receive a hardcopy of the report, including a CD of exhibition catalogue, please contact EYSIP on 0131 555 5111.

You can check out some of the young people's art exhibits online at: www.youthinclusion.org/Y_Mag04/Exhibition.htm

EDINBURGH ON TRIAL

Are you aged 14-21 ?

Do you want to make a change for the young people of Edinburgh ?



Are the young people of Edinburgh being let down by service providers?

EYSIP is offering young people the chance to put people in authority on the witness stand and question them about issues affecting young people in Edinburgh.

There are going to be 4 juries held in November looking at 4 specific issues under key headings:

- Transitions - examining the difficulties around leaving home or care and getting a first house
- Citizenship and safety - looking at the relationship between young people and the police
- Health and support - examining mental health and well-being, especially related to the care system
- Leisure and learning - looking at 2 areas: careers advice and youth centre provision - young people will decide which one to focus on once all the evidence is in.

What is happening at the moment ?

Participants in the project will be gathering evidence to present at the juries: Evidence will be gathered from young people and expert witnesses using:

- Questionnaires
- Outreach work
- Interviews
- Web searches
- Online discussion forum

How can I get involved ?

The jury group meets every Thursday evening from 6 - 8p.m. at 57 Timber Bush.

Snacks and bus fares are provided.

For more information check out : www.edinburghontrial.org or contact Mike / Sue on 0131 555 5111 or m.forrester@youthinclusion.org



"Healthy Foods" by Fraser McDonald



"The Incredible Gherkin" by Ryan Allan

Periodicals Come to a Full Stop

LAYC is reviewing and revamping its Information & Resources Library. It is also hoping to ensure that what will be launched later this year will be better promoted and more accessible . . . But there are limits!

From this issue of 'Networks' LAYC will publish a brief list of 'publications received' (where possible flagging up topics of particular interest) so that anyone who wants to come into the library to read it can..... and then 3 months later it's history - into the recycle bin!!

If anyone wants to check an article out after that then it's the magazines own website or back issue department (with the volume of printed paper LAYC receives every week this is the only way to stop building up large volumes of unused magazines which cause the library shelves to sag ominously|!)



NEW YOUTH WORK FUND FOR EDINBURGH

Almost 6 years after the demise of the LAYC Children Work Fund youth workers are sitting poised for the birth of a new grant award scheme to support the provision of services, projects and activities available to young people. The grant scheme is one of a number of initiatives the Edinburgh Community Safety Partnership are undertaking to create a safe city for young people.

The ECSP are reporting to the Scottish Executive on plans to establish a small grant fund over the next two years and hope to be given the green light during September. In anticipation promotional materials are being produced and clubs are being encouraged to consider ideas for applications which will meet the Scottish Executives targets of:

- Increasing the number of services and facilities available which provide constructive and relevant activities for young people;
- Increasing the number of young people accessing these facilities;
- Sustaining interest and involvement of young people in the activities provided;
- Reducing youth related calls to the police
- Reducing community perceptions/concerns about youth crime.

The fund to be named THE LOCAL INITIATIVE FUND (LIF) at a launch in October will provide small grants of a minimum of £1,000 and a maximum of £10,000. It is anticipated that the average award will be in the region of £2,500. Funding will be limited to projects within the City of Edinburgh and to projects working within children and young people aged 8-18 years.

LIF will target small, locally run projects which aim to make a real difference to the communities in which they are based through the provision of high quality services and facilities. For example, improving local community facilities, buying sports or leisure equipment and running clubs or activities at times which are convenient for young people.

Speaking about the initiative Cllr Sheila Gilmore, Chair of the ECSP, stated 'We know there's a lot of good work going on in many neighbourhoods and we want to build on this. While always on the look-out for new ideas, we are also keen to allow existing projects to continue and expand'.

For further information and to receive an application pack email: communitysafety@edinburgh.gov.uk

SCVO - Third Force News (May - July 2004) - 13 issues

Young People Now (May - August 2004) - 15 issues

- **5th May** Murder Mystery Weekends - accredited learning and educational role playing
- **12th May** Only 34% of 15-19 year olds want votes at 16 - Labour to ignore poll results
- **19th May** Off street corners and onto the Playing Field
- **26th May** Kik-ass - Sexier way (for young people) to volunteer
- **2nd June** More interesting than school - tips for museum-based youth work
- **18th June** Article on getting young people in residential care participating in out of school activities and youth clubs
- **23rd June** The costs of detached youth work
- **30th June** Lessons from Europe - Youth Policies from some of the new EU members
- **7th July** Disabled Access - more than just refurbishing youth clubs
- **14th July** Life in the Valleys - article on Rhonda Valley youth project
- **21st July** Effective communication with the text generation
- **28th July** On the right wavelength - setting up a successful youth radio project
- **4th August** Eat Yourself Fitter
- **18th August** A Sporting chance - how exclusive sports like rowing, tennis, golf are opening up to young people

Children Now (Jun-Aug 2004) - 12 issues

- **1st June** Children of the 90's study article / children with troubles at home want to talk article
- **8th June** Should Children get School Trips? / The positive effects of teaching children music
- **15th June** Can Mock Elections persuade young people that politics is relevant to them?
- **22nd June** 'Father Friendly' - a look at schemes to involve fathers and children
- **29th June** 'Mentoring' can help - but there's no evidence it's the all-round answer to youth problems
- **6th July** Involving Children in Community Decision Making
- **13th July** Learning Mentors in Newcastle
- **20th July** Hidden Young Cares in Scotland
- **27th July** 'From Primary to Secondary School' - article on transitions
- **3rd August** 'Let them Grow Your Own Way' - importance of 0-3 years Child Development
- **17th August** 'Why are Parents Rubbish at Play?'
- **31st August** 'A Safer Game' - articles on child protection in football.

The Mix - Discussing Young People & Health - Issue 2 - Young People and Transitions

Upstart - 100% Youth Arts - interview with Estelle Morris MP, Minister for the Arts

Zero 2 Nineteen (June - August 2004) - 3 Issues

- **June Issue** Interview with Kathleen Marshall - Commissioner for Children and Young People in Scotland
- **July Issue** Article looking at trained child counsellors working in schools
- **August Issue** Play Away - article including details of ofsted guidelines to help parents choose a summer playscheme

Young People Now Guide to Courses and Training 2004/05

Children Now Guide to Courses and Training 2004/05



West Lothian Youth Action Project

Ambitious plans to build a £1 million new centre for young people in Livingston at the edge of Almondvale Park - incorporating state-of-the-art IT facilities, a coffee bar, meeting space, music practice rooms and an advice shop - will be unrolled today by the West Lothian Youth Action Project at a launch attended by West Lothian Chief Executive Alex Linkston, BSKyB sales director Martin Thomas and Mary Mulligan MSP.

Funding looks increasingly secure as BSKyB announces a £150,000 sponsorship package - marking the first time the company's Livingston-based operation has become involved in a project of this scale. West Lothian Council has already committed £340,000 towards the total sum.

West Lothian Youth Action Project has been running for 12 years and has grown from employing two Livingston-based workers into an organisation with over 30 staff and

volunteers working across West Lothian. The new building will also contain modern office accommodation for staff at the project and enough space to host youth conferences and events.

The design is partially modelled on the successful Chill Out Zone (COZ) in neighbouring Bathgate, which also incorporates an Internet cafe and health advice facilities.

Martin Thomas, BSKyB Sales Director said: "I am delighted to confirm Sky's involvement in this imaginative and inspiring enterprise. We are keen to support local young people and a brand new building dedicated to their needs presents an ideal opportunity.

"We recognize the importance of the work delivered by West Lothian Youth Action Project - whether it's early intervention and befriending projects, credible health and careers advice or multimedia music

workshops. The site is only 1.5 miles from our base in Kirkton Campus with lots of volunteering opportunities for staff. We look forward to building a strong partnership."

Councillor Danny Logue, West Lothian Council's youth strategy spokesman, commented:

"We welcome the valuable support provided by BSKyB to this very important local project. It marks a very significant step forward in the development of this ambitious initiative by the West Lothian Youth Action Project. We believe the new centre will be a great asset to West Lothian, providing support, advice and practical hands-on activities for young people."

Project director Helen Davis also welcomed the funding boost and thanked BSKyB for their assistance in further developing the new centre.

Edinburgh's Playday Event 4 August 2004, Lauriston Castle

Playday is the biggest national celebration of play in the country, and falls on the first Wednesday in August each year. Around 30 After School Clubs, Playschemes and Children's Clubs from across Edinburgh and the Lothians made the journey to Lauriston Castle where an estimated 700 children joined in the fun at Edinburgh's Playday event. Held for the fourth year running in the grounds of Lauriston Castle at Davidson's Mains, Edinburgh's event was billed as the biggest and best yet with over 50 organisations registering to attend. The heavy overnight rain on the Tuesday and continued downpours on the Wednesday morning meant that many of the registered clubs decided not to make the trip, however the event went ahead as planned and those in attendance were rewarded with dry if not exactly tropical weather.

Based on feedback from clubs attending previous Playday events, the activity programme was markedly increased this year with the Glasgow Science Centre running shows and exhibits, and a cycling obstacle course, Giant Games, TOP Play activities and Henna Hand Painting just some of the new attractions on offer. Old favourites such as the PACE Playsquad circus skills, Play Action Team play den, The Yard Adventure Centre face painting, Drumming, Arts & Crafts, Fun Athletics, Try Golf and Gorgie City Farm's animal road show were also in attendance to make up a varied and exciting programme.

Also new to this year's event was the Big Brother Diary Room, which gave children taking part in activities the opportunity to give feedback on what they thought of the event. Organisations that attended are also being asked for their feedback through evaluation forms, with all the information gathered from children and project staff being used to try and improve the event for next year. Speaking of which, Playday 2005 is Wednesday 3 August so why not get the date in your diary now and make sure your organisation takes part in Edinburgh's play extravaganza.

The Play Development Unit staff wish to thank all their colleagues from PACE, LAYC and Edinburgh's Childcare Partnership for their support in helping to make the day run so smoothly. Special thanks also go to the New Deal volunteers from PACE whose support on the day was crucial to the success of the event. The organisers also appreciate the support of those who have returned evaluation forms. Rest assured that your feedback will be taken on board along with the Big Brother diary room comments from children on the day, and they will be used to help develop the event further for next year.

If you would like more information on Edinburgh's Playday event or are interested in helping shape next year's event by joining the working group of partner organisations, please contact **Glenn Marsters, the City of Edinburgh Council's Play Development**

Unit, on 0131 311 7076. Alternatively, if you want to know more about what Playday stands for, visit www.playday.org.uk or contact the **Children's Play Council on 020 7843 6061**. Finally, the department's "Into Play Fund" still has limited funds available for Edinburgh based community organisations to apply to for small grants to support play related initiatives. So if you've had an idea floating around for a while or you get a sudden flash of inspiration but need a few hundred pounds to get it off the ground, contact Glenn on the above number for more information.



GOOD LUCK IN YOUR NEW HOME!

*Our friends and colleagues at the City of Edinburgh Council's Play Development Unit have moved offices and now have a somewhat more fitting base beside a park! Their new address is **Inverleith House, Inverleith Park, 5a Arboretum Place, Edinburgh EH3 5NY**. To contact a member of the **Play Action Team** call **0131 311 7077/7073**.*