



# networks

The Journal for Youth & Children Workers in Lothian

## CONTENTS

### Snippets

Looking for an exciting opportunity this summer and autumn?

### LAYC

LAYC's Quality Development Unit is here to support affiliated clubs and groups

### Healthy Respect

Hot off the press!

### Around and About

Parents Like Us  
- Leith Links

### Edinburgh Leisure

Open All Hours  
Summer Sessions

### Around and About

**'YOU HAVE WON  
A FREE CRUISE'**

### Snippets

Fringe volunteers wanted

### LAYC News

In Ye Olde Days



# TWO FREE PUBLIC SEMINARS

**G8 or Demonstrate? . G8-What was all the fuss about?**

Page 3

### Official Opening

The official opening of a new Youth Issue Unit, 'The Gate House' at Lewisvale Park, Musselburgh

Page 4

### End of a Decade

As 6VT comes to the end of their tenth year of operation, they held an open day in June and opened their doors to grown-ups

Page 6

### Open All Hours

Edinburgh Leisure, FABB and CEC Children & Families Dept will continue to run Open All Hours sessions throughout the summer holidays.

Page 8

### Edinburgh Youth SIP

Youth SIP Board have been asked to develop for the city of Edinburgh, a model of a Commission for Children and Young People

Page 10

## Are You . . . Aged 16-25 ?



Interested in theatre and performing? Looking for an exciting opportunity this summer and autumn?

Cat In A Cup theatre company, in association with North Edinburgh Arts Centre, are looking for young people to take part in our devised

show I LOVE YOU NUMB.

I LOVE YOU NUMB is a professional production with a live electronica soundtrack and will give you a chance to work alongside actors and musicians producing a production of the highest artistic quality.

The play itself will be created by all of the participants and artistic team and explores issues of mental health and well being in a new, modern and electrifying way!

You don't have to have lots of acting experience but you do need to be committed, energetic and interested.

To find out more, including dates and times of rehearsals, which will be once a week in North Edinburgh Arts Centre, come along to an information session at 7pm on Tuesday the 28th of July at North Edinburgh Arts Centre, 15a Pennywell Court. Let us know you are coming by e-mailing [xana@catinacup.org](mailto:xana@catinacup.org) or just turn up on the day.

This will be an informal chance for you to meet Cat In A Cup and you don't need to bring anything except yourself and your enthusiasm.

*Places are Limited*

## 6VT

### Breaking the Walls of Racism 2005

Massa Night Club Market Street - Tue 5th July 4-5pm (doors open 3.45)

6VT is hosting an international youth exchange - our guests are Bulgaria, Spain and Austria - the aim is to create a greater understanding of cultures - the tool we are using is dance. You are invited to watch from a safe and comfortable distance our final performance of break dance, hip hop and street dance.

This show comes with an adult warning! - Adults do not attempt to try any of the moves or stunts you see during the show at home - they can be dangerous if you are not young fit and highly experienced.

Break dancing battles originated in New York as an alternative to physical gang fights-the purpose is to fight via bigger and better dance moves. If you would like to come along alone or with colleagues you are very welcome please just let us know how many. Contact 6VT on 0131 220 2108.



### 'Re-thinking Citizenship'

Created by Helen Berry, Christina McMellon and Ian Fye and published by The City of Edinburgh Council

This 50 A4page spiral bound resource pack aims to support education for citizenship with young people. Aiming to go beyond the jargon to inform, encourage reflection and thoughtful participation.

The pack can be used in a range of settings, both formal and informal with young people aged 12-18 years. It includes exercises suitable for young people with different abilities and starting points.

A copy of the pack is available from the LAYC Resources Library.

### Power of 5

**Power: a mathematical exponent indicating the number of times a quantity is multiplied by itself**

Power of 5 is a team of 5 young volunteers, organised by Volunteer Centre Edinburgh and funded by the Laidlaw Youth Project.

The Volunteer Centre identified the need to reach young people more effectively, but instead of making embarrassing attempts at being hip to young people, the Centre drafted in a team of young folk to take on the task.

The team developed the Power of 5 concept, website and promotional material.

Power of 5 is the idea that through volunteering young people are powerful, that they can use that power to make a difference in the community, to the lives of others. It is the notion that the impact of a single person volunteering is many times what you might expect. Exponential to the order of (apparently) 5.

The website features information on 5 of the main routes into volunteering for young people: Millennium Volunteer Awards, Project Scotland, gap year volunteering, team volunteering and project-less volunteering for people who dislike themes.

*The website was launched virtually during Volunteers Week (the first week of June) at [www.powerof5.org.uk](http://www.powerof5.org.uk)*

### The Outward Bound Trust

is a registered charity providing an activity based residential programme for young people from all walks of life.

As a charity we are supported by companies from all over the UK, who each year donate a large sum of money to support young people wishing to attend our courses.

Currently we have one such company who has specified that we spend their funds with youth groups from the Edinburgh and Lothian region.

*If you are a youth leader and would like to experience the work of The Outward Bound Trust please contact [racheljohnson@outwardbound-uk.org](mailto:racheljohnson@outwardbound-uk.org) or call 01931 740014.*

### Residential Centre

You might be interested in using the Stanley Nairne Centre for residential work with young people. It is a 26 bed self-catering Residential Centre/Youth Hostel located at Dalguise, near Dunkeld in Perthshire with a host of amenities available locally.

The Centre has recently had a makeover, bringing our facilities for the disabled and others up to date with state of the art alterations. We can now accommodate up to six physically disabled people on the ground floor with appropriate toilet, showering and kitchen facilities.

Our current bed-night charge is £10 per head with a minimum charge based on 15 people in residence.

*For full details of accommodation and amenities and booking arrangements visit our website at: [www.stanleynairnecentre.com](http://www.stanleynairnecentre.com) or call George Lambie on 0131 555 6123*

### There is a New Course Starting at Prestonpans Inclusion Project in



**September for anyone interested in working with young people**

### Youth Work Academy What is the Youth Work Academy?

- The youth work academy is a training course aimed at people interested in becoming youth workers in East Lothian
- Students will go on placement in a local youth work setting gaining first hand experience of working with young people
- Students will learn about the ideas and issues involved in working with young people
- Students are guaranteed to find out about youth work vacancies in East Lothian and will receive advice and support in applying for jobs.

*For more information on the Youth Work Academy please phone Gary or David at PIP on 01875 819840 or email: [gfraser78@tiscali.co.uk](mailto:gfraser78@tiscali.co.uk)*

# Quality Development Unit

LAYC's Quality Development Unit is here to support affiliated clubs and groups in Edinburgh meet with the requirements of the Protection of Children (Scotland) Act 2003.

We are currently working our way through our membership to assess what level of support each club or group require here. In doing so we have completed the initial phase in our QDU programme of training, which included sessions on the Protection of Children (Scotland) Act 2003, Effective Recruitment and Interpretation of Criminal Record Information and Terms and Conditions of Employment and Managing Discipline and Grievance at Work. Further courses around POC(S)A 2003 have been scheduled for Wednesday 20 July 2005 6.30pm - 9.00pm (venue to be confirmed) and Saturday 23 July 2005 9.30am - 1.00pm (LAYC Offices). For further details of course content and information on how to book places check out [www.layc.org.uk](http://www.layc.org.uk) and click on Training. All QDU courses are FREE of charge for affiliated Edinburgh Clubs and Groups. A more comprehensive programme of training will be available from September onwards as we strive to meet the growing demand.

LAYC are currently registered with CRBS as an intermediary body and we are in the process of becoming an umbrella organisation with Disclosure Scotland. We will thus be able to perform checks for affiliated Edinburgh groups and clubs who do not already have access to checks. However, with our role comes some added responsibility, namely that we have to be satisfied with your recruitment policies and procedures (if you require help with these we are on hand to support you). If you need to use LAYC's QDU in order to access Disclosure checks then we need to speak with you **Urgently!**

Finally we have been frantically working away at developing our Quality Development Unit web pages. These include such gems as policies and procedures (including sample policies), resources and publications (free stuff to view/download or order) and links to other useful websites! Please note that these web pages are a work in progress and are constantly being updated and your comments on how to improve them are always welcome. E-mail [dale@layc.org.uk](mailto:dale@layc.org.uk) with any queries you may have regarding POC(S)A 2003 legislation or QDU related business.



## Two Free Public Seminars

Making Poverty History

### G8 or Demonstrate?

Wednesday 22nd June 7-9pm

City Chambers Edinburgh

- What would a world free of poverty be like?
- What would really make a difference?
- Who benefits from global poverty?
- What about the poverty on our doorstep?

### G8 - What was all the fuss about?

Wednesday 20th July 7-9pm

City Chambers, Edinburgh

- What hit the headlines?
- What will change?
- Who will benefit?
- Is democracy alive and kicking or getting a kicking?

Everyone is welcome to come along and have a say. After short presentations from our speakers, everyone will get the chance to share their views, ideas and experiences.

No need to book, just turn up. If you have any specific requirements, please let us know at least a week in advance.

For more information :

Tel. 0131 469 3048

or e-mail: [Jane.Meagher@educ.edin.gov.uk](mailto:Jane.Meagher@educ.edin.gov.uk)

## LATEST NEWS . . .

Disclosure Scotland is reporting a turnaround of 2 weeks on 90% of applications made to them. Meanwhile CRBS are currently reporting turnaround times in the region of 7 weeks on their website, which excludes time taken for postage. However a recent telephone enquiry by LAYC revealed time scales (including postage times) to be closer to the ten weeks mark. It is thought that this is due to the rise in the number of checks since the introduction of the new legislation, as well as administration errors found during subsequent checks of the paperwork. LAYC's QDU understands that some organisations are carrying out retrospective checks on employees and volunteers, despite this not yet being a legal requirement. As well as being unnecessary and potential breach of employment law, it stands to reason that these checks are having an adverse affect on turnaround times! Please note that it is only a legal requirement to check those members of staff in childcare positions (including volunteers) who have joined your organisation since 11 April 2005. Until it is absolutely necessary to complete retrospective checking we suggest that you don't as we are in danger of grinding an already vulnerable process to a stand still. If you are not experiencing the turnaround times stated we would be interested to hear from you.



## SPRAY ART ATTACK!

Over the course of the last month Gavin Abercrombie (Graffiti Artist) involved 18 young people from Meadowbank Stadium's Open All Hours in an innovative refurbishment of a squash court into a one on one basketball court. The court was destined not to be used as it was in a state of disrepair and was kindly donated by Edinburgh Leisure for the purpose of this project. Young people were asked to design a scene or a typical street like surrounding and bring it to life with spray paint. Here's what some of those people involved thought...

"I enjoyed the painting and doing something enjoyable on a Friday night" Robyn (aged 12 years)

"We learned that graffiti is not just vandalism it can also be art" Jordan (aged 12 years)

Pictured (below) are some young people who were involved in the project. The end result features an Edinburgh skyline along with some popular animated characters as well as "mentions" of participants in urban graffiti style. An unused and run down corner of Meadowbank Stadium has now been transformed into a "hip" place for some one on one B/ball action!

## Official Opening of New Youth Facility in Musselburgh



The official opening of a new Youth Issue Unit, 'The Gate House' at Lewisvale Park, Musselburgh was held on Friday 27 May 2005. The Gate House is a space available for groups of young people across East Lothian to enable them to gain a voice, influence youth services and get information.

Many groups are using the The Gate House including the integration staff from Musselburgh Grammar school, Bridges Project, 15-24 Project, outreach youth workers, local community support and careers services. It also offers links for information on Euro Desk, the John Muir Awards, C card plus and many other youth issues events and venues in East Lothian, Scotland and Europe.



The computer area can be used for training or group work, to put information on web sites and to review or advertise activities in your area such as skate parks, youth clubs, sports, health issues etc. In keeping with this, the launch was toasted with delicious and nutritious fruit smoothies .

Caroline Davis, the Dialogue Youth Co-ordinator has worked alongside a number of different departments in the Council to develop this venue and should be contacted for further information Tel 0131 653 3003 Email: [cdavis@eastlothian.gov.uk](mailto:cdavis@eastlothian.gov.uk)

## 'GIRLS IN THE GROOVE'



When my boss at the Wester Hailes Youth Agency offered myself and a colleague the chance to go on what he described as 'a dance residential' at the National Sport Scotland Centre in Largs my first thoughts were "Dancing? Great stuff", closely followed by "Largs? What kind of a name is that?" As it turned out, though, my preconceptions about both the course and the location were false. Largs is a very pretty seaside town (with the best-stocked sweet shop I've ever seen), and the sports centre was top notch for facilities, accommodation and food. As to the course, while there was much dancing on the last two days of the 4-day course, with Yvonne from Y-Dance, the first two days were spent gaining our Junior Sports Leaders certificates and thinking in general about leadership skills and methodologies. The instructors for this, from Sports Leaders UK, were very effective teachers and inspirational leaders themselves. Having worked with some very tough clients through their work in prisons, they led by example in their energetic and varied approach to teamwork and leadership.

The course was organised by 'Girls on The Move', so all the participants were female, and most considerably younger than myself, largely between 16 and 18. The aim of the residential was to improve the confidence levels of the young women attending and encourage them to return to their communities and use their leadership skills to get people in their communities physically active. There was a lot of focus during the four days on building team relationships between the participants. Everyone came from different backgrounds with different levels of ability and confidence, but by the end of the week we had all been given many chances to demonstrate our leadership abilities with lots of support and encouragement from the rest of the group. For some it was their first time away on such a residential, and the positive feedback everybody gave at the beginning of each day was testimony to how well we knitted as a team. After the first two intense days of training, we got the opportunity to apply these skills in a dance setting, as well as learn lots of new moves and come up with loads more of our own. Every time I hear 'Switch' by Will Smith I have to stop myself adopting a hip-hop stance.....

Besides the daily six hours of hardcore exercise (compensated for by giant-sized portions of lunch and dinner), the evening programme was also packed with workshops, talks and teambuilding games and exercises. Highlights were the effective use of mobile phones in self-defense, playing cat-and-mouse under the parachute, nearly winning the quiz, and especially the presentation on the last night from a wheelchair-user who led a genuinely inspirational workshop on self-motivation. I chose to watch 'Desperate Housewives' after this, but reports have it I missed a great session of 'Trash'N'Fashion', and there are pictures to prove it...

As a youth worker many of the skills and exercises we were discussing were familiar to me, but for most of the young women on the course this was a chance to see themselves in a new light, as leaders and motivators, and also as crucial members of a team. We all came away tired and happy, and having learned something. This was the first such residential organised by 'Girls On The Move', and it was by all accounts a great success. There are plans for similar residencies in the future, with the focus on other sports and activities, so watch this space.

For more information contact Ruth Crone (Project Manager) on [ruth@girlsonthemove.org.uk](mailto:ruth@girlsonthemove.org.uk)



# healthy respect

## Hot off the Press!

### Sign up for Lothian's sexual health e-newsletter

Healthy Respect and NHS Lothian sexual health team are working together to provide workers in Lothian with a 'snap-shot' of what's going on in the field of sexual health across Lothian. This six weekly 'snap-shot' will also contain information on new resources which have been developed for workers in Lothian.

### New resources!

A variety of resources including 'toolkits' for working with parents and addressing Lesbian, Gay, Bisexual and Transgender (LGBT) issues with young people, have recently been developed by Healthy Respect. They are aimed at a range of workers/practitioners and are available to order free of charge. We always welcome your feedback, so please let us know what you think of them and how they have been used (and received) in your particular setting!

If you're interested in being added to our e-newsletter mailing list and/or ordering resources contact:

Healthy Respect @ Lothian NHS Board  
Deaconess House, 148 Pleasance, Edinburgh EH8 9RS  
Tel 0131 536 9454 Email: [healthy.respect@lhb.scot.nhs.uk](mailto:healthy.respect@lhb.scot.nhs.uk)  
[www.healthy-respect.com](http://www.healthy-respect.com)

### Confidentiality Booklets

**Publisher:** Healthy Respect

**Date available:** Now

**Intended audience:** Young people, practitioners including youth workers, community education workers, doctors, nurses and teachers.

**Description:** The 'In Confidence' series of (6) booklets provide guidance on how confidentiality works for young people and a range of professionals. **Please note** the booklet for social workers (no 5) is currently under review and not yet available.

1. How confidentiality works (for 13, 14 and 15 year olds)
2. In Confidence for Professionals. Rights, Responsibilities and the Law.
3. In Confidence for Health Professionals
4. In Confidence for Education Professionals
5. In Confidence for Social Work Professionals
6. In Confidence for Voluntary Sector Youth Workers

### A Guide for teachers on LGBT Issues

**Publisher:** Healthy Respect

**Date available:** Now

**Intended audience:** Teachers and professionals.

**Description:** The aim of this booklet is to increase teachers' confidence and competence when addressing lesbian, gay, bisexual and transgender (LGBT) issues in schools through providing a resource to assist them in working with young people, parents, carers and colleagues on these issues.

**Sexual Health Week  
1-7 August - launch of  
Healthy Respect media  
campaign and new website -  
look out for media coverage!**

### Addressing LGBT Issues with Young People

**Publisher:** Healthy Respect

**Date available:** July 05

**Intended audience:** Teachers and professionals.

**Description:** The aim of the toolkit is to support teachers and youth workers in addressing Lesbian, Gay, Bisexual & Transgender (LGBT) issues with young people, and provide curricular ideas for educational sessions on LGBT issues.

### GP Birthday Card Initiative

**Publisher:** Healthy Respect

**Date available:** July 05

**Intended audience:** Community based professionals.

**Description:** The aims of this resource are to provide some background on the GP Birthday Card Initiative and to provide a step-by-step guide to setting up a GP Birthday Card Initiative in your area.



## END OF A DECADE ON THE TERRACE

### 6VT Youth Café

opened its doors in 1994 as a drop in youth provision. 6VT has grown into a highly successful youth service over the years, working with hundreds of individual young people from across the city every year. As the Café comes to the end of their tenth year of operation they felt it would benefit representatives from Council departments to have an update on what they have on offer for young people, in particular the specialist services that are now part of 6VT. They held an open day in June and opened their doors to grown-ups to demonstrate some of the things that they are getting up to nowadays.

**6VT Drop in Services** are the heart of the Youth Café and the key ingredient that ties all their services together. Young people using the specialist services can have sustainable contact and support with youth workers for years. This is for any young person, open 3 nights a week, every week of the year. A range of educational workshops and learning is provided. Currently they have an average of 60 young people attending each session. We successfully attract a high percentage of young people from black minority ethnic groups. We have two other drop in sessions targeting Alternatives - young people from the Goth & sweaty scene. Advice, information and support is also available to these service users.



### 6VT also offer Peer Support

a new service for young people using our youth justice services.

Street Work Service 6VT regularly provides street work services in Edinburgh City Centre and peripheral housing estates in partnership with local services.

### Mind MATRIX NLP

therapy service is available to young people who are on an Edinburgh school roll and experiencing issues that they would like to resolve, eg; relationships, stress, anger, confidence, bullying etc. Referrals can come from professionals, parents or young people. Funded through OOSHLA by the Big Lottery fund.

### 6VT Housing Services

**Keysteps;** this is a Housing support service which you can refer young people to age 15-25 who are leaving care or home to live independently. 6VT have on going group work programmes and individual support on offer.

**Food access scheme;** A service that housing support agencies can buy into that allows young people in need to receive free food.

### CLUBZONE+ 6VT

co-ordinate a unique working partnership made up of businesses & police officers working to ensure young people using under 18's discos are receiving a safe and sound service.

### 6VT Justice Services

(All the following are part of Edinburgh's No Offence Strategy)

**Turnaround** - 6VT offer 5 group work programmes a year with an individual support package targeting 14 -16yr olds who have been involved in offending or anti social behaviour. 6VT can receive referrals direct from social workers, teachers, housing officers, police and young people themselves.

**Parental Support** - 6VT offer individual parental support and advice to parents/carers of young people who are subject to movement restriction conditions and when space is available to the parent or carers of Turnaround participants.

**SafeZone** - 6VT are a designated safe zone for young people on MRC's (Movement Restriction Conditions).

**Want to find out more about 6VT then contact Dot Horne or Margaret McLean 0131 220 2108 e-mail [cafe6VT1@aol.com](mailto:cafe6VT1@aol.com) 6 Victoria Terrace Edinburgh EH1 2JL**



around and about . . . around and about . . .

## Parents like Us

Broaden the world you share with your child

### Parents Like Us Leith Links

The first Parents Like Us festival for parents with pre-school children was held at the start of May and was a resounding success on many levels and a major achievement for those who took part in organising it.

After months of hard work, endless preparation and a hectic last-minute scramble, the gates opened at 10am on the first morning and within minutes a queue of around 200 had formed for tickets to many of the programmed activities and shows. By mid-morning on Saturday, a steady stream of parents, buggies and children began to fill the arena and we estimate that around 5,000 attended over the course of that first day. It was a joy to see so many families enjoying themselves -.

The general atmosphere was perhaps best summed up by one parent who wrote;

*"...best moment was walking across the grass and seeing a big crowd of kids lying on the grass, kicking the big ball. It was such a great sight - free collaborative play, everyone enjoying themselves, great community atmosphere."*

The Hands On parent-with-child activities were a huge hit, with many shows selling out and many others coming close. Food for Tot, a cookery demonstration with Barbara Jessop and 'Big Cook' was thoroughly enjoyed by parents and children alike. *"We didn't know what to expect but were so impressed! I don't know who enjoyed it more - myself or my 3 year old son!"*

Making Do, a recycling activity with creative artist Moy Mackay and Archie from Balamory was equally popular, with dozens of children queuing outside in the hope of meeting the Inventor - Archie was more than happy to oblige and was still signing autographs long after the event had closed.

Feedback tells us that parents enjoyed the non-commercial aspect and secure environment as much as the free entertainment, children's shows and activities. Our face-painting volunteers encouraged parents to do their own child's faces, which many took up and enjoyed. By steadfastly refusing to put profits before people, we really struck a chord with our reduced-rate therapies and refreshments in Time Out and 50p fairground rides - overwhelming demand in these areas tells us this is something everyone welcomed and would like to see more of.

The free crèche facilities offered for those using the Time Out marquee was also popular - some parents hadn't used a crèche before and were delighted to find that their children settled contentedly with staff.

Thanks to the parents, grandparents and carers who attended and the staff who made it happen, we're delighted to announce that Parents Like Us is now officially an annual event with plans already under way for next year. Parents Like Us is a non-profit making organisation. If you would like further information please contact Kate Marks, Director [info@parentslikeus.co.uk](mailto:info@parentslikeus.co.uk). Or visit [www.parentslikeus.co.uk](http://www.parentslikeus.co.uk)

**LAYC** is keen to promote and encourage events for children of all ages but why is Networks reporting something aimed at pre school aged children and their parents you might ask?

Experience has shown that you need to "Get them early"!...and that is not the kids we are talking about here but the adults!!! People often start out working on a voluntary basis when their kids are toddlers and in what seems like the blink of an eye they are running youth clubs for rebellious teenagers (although their own ones are probably way too cool (or embarrassed) to go to them!)

In these days when it seems like all the pressures around seem to be determined to prevent people from being able to set up groups and activities to improve some aspect of children and young peoples lives LAYC would like to acknowledge these new kids on the block and say "Well Done"....

*We look forward to you getting in touch when you want to start running those youth clubs!*



## Summer Go 4 It ! Busiest Programme Ever !

The Summer Go 4 It & Play 4 It activities programmes are set to launch on 15th July and will run until the spectacular Final Friday on 12th August in Princes St Gardens.

Go To [www.go4itedinburgh.com](http://www.go4itedinburgh.com) for information on the range of activities you can take part in or phone 0131 550 6824 for more information.

## Niddrie & Craigmillar Summer Activity Programme

Castlebrae High School, The Venchie, CAPRO, Sporting Chance, Craigmillar Youth Challenge, CEC Children & Families Dept, and Edinburgh Leisure are teaming up to offer a range of sporting activities to Children & Young People in Niddrie & Craigmillar throughout the summer. This is a great chance to enjoy Mountain Biking, Climbing, Golf, Cricket & loads of other sporting activities and fun opportunities. Contact Scott Kinross on 0131 661 7463 for more information.

## Fantastic 5-A Side Coaching @ Gracemount

Gracemount Leisure Centre may be able to offer FREE 5-A Side coaching to Young People from your Youth Group! Contact Claire Rusack at Gracemount (658 1940) to discuss how to take advantage of this fantastic opportunity.

**The House** is a purpose built facility for 11-14 yr olds at Meadowbank Sports Centre, it offers a whole host of activities such as IT, games consoles, arts & crafts, pool tables, physical activities and much more. The House opening hours are Mon-Thurs 3.30pm-6pm, and Friday 12.30pm-6pm. The House is also available for private hire.

*If you would like any further information please contact The House Coordinator on (6615351) [thehouse.msc@edinburghleisure.co.uk](mailto:thehouse.msc@edinburghleisure.co.uk)*

# Edinburgh Leisure

Managing leisure and recreation facilities for the City of Edinburgh Council

## Open All Hours Summer Sessions !

Edinburgh Leisure, **FABB** and CEC Children & Families Dept will continue to run Open All Hours sessions throughout the summer holidays at a number of Edinburgh Leisure venues. The successful '**drop in**' programme of activities for Young People will be available at the following centres.

**Drumrae Leisure Centre** : 15 July - 05 August : Friday 7pm-9pm

**Gracemount Leisure Centre** : 8 July - 12 August : Friday 7pm-9pm

**Jack Kane Sports Centre & Café K** : Every Friday All Summer Long !

**Kirkliston Leisure Centre** : 15 July - 5 August : Friday 7pm-9pm

**Queensferry Recreation Centre** : 18 July - 8 August : Monday 7pm-9pm

Entrance costs **50p** as usual and the sessions are staffed by a team of Youth Workers, Leisure Attendants, Coaches and Fabb Staff. For more information on activities available during Open All Hours please contact your local centre.

## Aqua Jet Splashes Down @ Queensferry & Portobello

(This message will self destruct in ten seconds ...1...2...3...) **Underwater hand held Aqua Jets** and snorkeling sessions are now available for budding **007's** at both Queensferry High Recreation Centre and at Portobello Swim Centre. Phone Queensferry on 0131 319 3222 or Portobello on 0131 669 6888 for more details on these fun filled pool sessions (...8...9...**BOOM** !!!)

## Schools Out...

WHAT DO YOU WANT TO DO THIS SUMMER?

- Meet new friends and have lots of fun -
- Make a racquet on centre court -
- Set sail for Port Edgar Marina -
- NRG-ise your gym workout -
- Log on to Café Connect -



Visit [www.edinburghleisure.co.uk](http://www.edinburghleisure.co.uk) or pop into your local leisure centre to find out what exciting activities you can choose from across Edinburgh this summer.

Edinburgh Leisure  
Managing leisure and recreation facilities for the City of Edinburgh Council

## Kirkliston Bounces into July

The popular **trampolining** Classes at Kirkliston Leisure centre have been expanded with the purchase of more equipment. There is now even more opportunity for young people to get up and **bouncing** on Thursdays 6pm-10pm and Saturdays 9am-12pm. Cost -£3 : Phone 0131 333 4700 for more information on these classes.

## "THE EVALUATION"

**Avid readers of 'Networks' may remember a piece I wrote a couple of issues back about my panic-stricken return from Lebanon last autumn in the days before I stumbled across the LAYC offices and from there into the world of Edinburgh youth work.**

Thanks to the LAYC recruitment bulletin I have spent the last eight months or so working on Monday nights out at Penicuik YMCA - with LAYC's own Dale Marsters - and have done a variety of sessions, from careers to detached street work- out at the Wester Hailes Youth Agency.

With younger children I have had a lot of fun at the Black Community Development Project on Wednesday afternoons. Besides these, I also managed to inveigle myself into the inner workings of LAYC, taking on this role as LAYC's 'roving reporter' - a great chance for me both to test my writing skills and to get a closer picture of youth work in the city. And that's not to mention the pleasure of volunteering at this year's Youth Work Fair, with free fleece and all . . .

Now the time has come for me to head off again - I'm going back to the Palestinian community I was living with in Lebanon last year. When our English-teaching project finishes there in August I will be looking for work out in the region, hopefully staying out in the Middle East for a

year or so. But unlike last autumn, this year I'll be confident about looking for a job and knowing what sort of work I want to do. This last year in Edinburgh has given me a passion and commitment for community work- and there's certainly no shortage of need for that in parts of the Middle East.

My confidence has also grown hugely through my time as a youth worker- a sign of a great vocation, I believe, when you are learning and developing yourself each day you work. It's been one of the busiest and most interesting periods of my life so far- and I'm moving on with a real spring in my step, confident in the knowledge that I'll never be reduced to the state of panic I felt last September; I've got new skills and experience that I know can be useful wherever life takes me, and a better idea of where that might be!

***All that remains, then, is to say thanks to all the people I've worked with this year- staff and young people- for a great year, and a big thank you to LAYC for helping me on my way.***

## YOU HAVE JUST WON A FREE CRUISE

No it is not one of those premium rate phonecalls but an offer from LAYC!!!

Courtesy of funding from Edinburgh Community Safety Partnership

LAYC is able to offer places

on an expanded city-wide version of the "Sailing in the City" project run by Citadel Youth Centre.

There will now be 120 places available as either morning or afternoon "introductory" sessions each day during the week of 25th-29th July with the possibility of keen young people who pass their introductory session taking part in more advanced instruction the following week too!

A small booking charge will have to be levied for lunch costs and each group taking part will have to be accompanied through out the session by youth leaders (1:6 ratio) who will be responsible for their own young people.

***Leaders must be able to attend a briefing session at 4.00pm on Monday 18 July 2005.***

For further information, to book and receive consent forms and other paperwork which must be completed and returned to confirm the places contact **Willy Barr**, (Telephone 0131-554-0510 or email:

[willy@citadelyouthcentre.org.uk](mailto:willy@citadelyouthcentre.org.uk)

***"The focus and concentration that the kids put in to Sailing In The City was incredible. The other thing is, when partnering up the kids, you're setting up a whole activity around teamwork... communicating with each other, sharing tasks..."***



## Edinburgh Youth SIP

Everywhere I go these days people are asking me 'What's happening with the Youth SIP?' or perhaps more to the point most are saying 'Are you still here?'

Well I am still here and I would like to give an update on what is actually happening with EYSIP. Firstly we have moved... we are now renting an office from LAYC and our new address and phone number are below, and our web site address will stay the same.

Secondly the Youth SIP Board have been tasked by the Local Authority to develop for the city of Edinburgh a model of a Commission for Children and Young People.

A proposal for the Commission went to the full Council meeting on May 14th 2005, where it was agreed that an independent organisation should be developed in Edinburgh.

Some of the general principles that would define the Commissions role are;

- That it should be underpinned by an understanding of, promotion of and implementation of the UN Convention on the Rights of the Child;
- That it should support the participation of children and young people;
- That it should work in close collaboration and partnership with all organizations that provide services or have an interest in the well being of Edinburgh's children and young people.

In addition to this some of the key tasks identified for the role are:

- Consulting with and listening to children and young people's views;
- Researching and proposing solutions to difficulties;
- Proposing new and innovative ways of working with young people including developing children and young people's participation in their communities and city wide;
- Helping young people to ensure that local and national agencies are addressing their needs;
- Working with those in power to ensure inclusion of a young people's agenda; and
- Reflecting and representing young people's issues at senior levels within the Council and its partner agencies including proposing procedures for childproofing strategies and policy implementation.

A lot of work still has to be done in developing demonstration projects that will seek to evidence the impact that a Commission could have within Edinburgh not only for children and young people, but for those who work with them as well.

If you would like more information then please contact:

**Sandra Martin** - Director, Edinburgh Youth Social Inclusion Partnership  
7 Boroughloch Lane, Edinburgh EH8 9NL  
(t) 0131-667-2500 (f) 0131-667-2877  
(e-mail) s.martin@youthinclusion.org

### Winston Churchill Travelling Fellowships the Year 2006 Chance of a Lifetime Opportunities

Every year the Winston Churchill Memorial Trust awards some 100 Travelling Fellowships to British Citizens, resident in the UK, from all walks of life and from all over the United Kingdom. Over the last 39 years, Churchill Fellows have been drawn from the broadest of backgrounds regardless of educational or professional qualifications. Their contribution to country, community and place of work has been priceless.

Details of the categories under which applications are invited for the Year 2006 can be found at the Trust's website [www.wcmt.org.uk](http://www.wcmt.org.uk)

## Funding

**The Voluntary Action Fund** provides grants of £500 to £2,000 to improve the use of volunteers in small community based organisations. The aim of the funding programme is to help local, grassroots organisations build on their skills around recruiting and supporting their volunteers. The types of activities that can be funded include training, the use of external specialists in developing volunteer policies and training packs, visits to exchange good practice. Application packs for Go4Volunteering will be available shortly and the deadline for applying for grants will be 1st September 2005. [www.voluntaryactionfund.org.uk](http://www.voluntaryactionfund.org.uk)

**The Dulverton Trust** awards grants for work with disadvantaged young people and is particularly keen to support projects that help young people who would otherwise be unable to achieve their potential. Funding is available to organisations based throughout the UK, although the trust has a specific interest in Scotland. Small grants of a maximum of £2,500 are also available for local groups and charities. Applications should be made in writing. There is no deadline, although the board meets in July, October, January and May.

Contact: The Dulverton Trust, 5 St James's Place, London SW1A 1NP. Tel: 020 7629 9121 or e-mail [trust@dulverton.org](mailto:trust@dulverton.org) website: [www.dulverton.org](http://www.dulverton.org)

**Food for Thought?** ... Maybe if you were trying to copy the Musselburgh 'Smoothies' (see page 4) you could consider getting your fruit juice cooler and smoothie maker from this lot - popular fund with 700 application packs sent out already....

Small grants from £500 to £3,000 are available again this year to help support and develop new and existing community food activity in Scotland. For more information go to [www.diet-project.org.uk](http://www.diet-project.org.uk) or call Kim Newstead on 0141 226 5261. The closing date for applications is 29th July 2005.

### Grants for Voluntary Groups in Scotland -

Valuing Women and their contributions to Communities - Grants up to £5,000 are available to voluntary organisations that seek to support women in Scotland, in particular, groups that help contribute to the regeneration or development of the local community. 'Fast-track' grants of up to £1,000 are also available.

**When can I apply?** You can apply at anytime, but 30 December 2005 is the closing date for all Women's Fund applications including for International Women's Day. **You can apply for:** lots of things, but please call to discuss your ideas first. They can also send you an application form and guidelines.

You don't have to be a 'women only' organisation, but your project or activity just only be for women.

**For an application form and further information about the Women's Fund for Scotland or for information about other funds available from the Scottish Community Foundation please contact Helen Leah, Women's Fund for Scotland, Scottish Community Foundation, Suite 3.4 Turnberry House, Glasgow G2 1LB.**

# WANTED

## FRINGE VOLUNTEERS

**FRINGE FESTIVAL at North Edinburgh Arts Centre**  
**11 August - 20 August 2005**

NEAC aim to bring the Fringe atmosphere to North Edinburgh this summer with a showcase of Scottish Youth Theatre not to be seen anywhere else in town

**Join the NEAC Fringe team** and help to organise and run an exciting programme of activities for the community. On Sat 13th & 20th August 2005 there'll be shows, street performances, live music, family activities and much, much more in and around North Edinburgh Arts Centre.

We are looking for young people aged 14+ with ideas, enthusiasm and an interest in the arts to support the planning & marketing of events. We also need volunteers to assist with ushering and front of house duties during the Fringe.

### What's in it for you?

- create your own Fringe experience
- the opportunity to meet new people
- learn about theatre and events management
- a Fringe T- Shirt & name badge
- loads of fun

### We need:

- Your time and commitment for regular meetings (about fortnightly in June, more often in July and August)
- Your active help for the running of the Fringe Saturdays 13th & 18th August
- Your ideas

*Interested? Then contact Susan Agnew at North Edinburgh Arts Centre on 0131 315 2151 or email [susan@northedinburgharts.co.uk](mailto:susan@northedinburgharts.co.uk)*



## INCLUSIVE PLAY

**Practical Strategies for Working with Children Aged 3 to 8**



**Theresa Casey**  
*Freelance  
Education  
Consultant,  
Edinburgh*

Do all the young children in your setting have an opportunity to engage in meaningful play?

By making practical suggestions and using tried-and-tested approaches, this book shows you how to help all the children in your care to feel included and involved in play opportunities.

Inclusive play can be encouraged in a number of ways and this book looks at:

- how to improve and develop outdoor play environments
- ways to support play between children of diverse abilities
- examples of play activities
- sample play audits and play observation forms
- how play can be linked to the curriculum
- involving children in improving play opportunities and play environments
- planning
- writing a play policy for your setting
- useful resources.

It is full of practical advice to help you improve and develop opportunities for inclusive play in your setting. Teachers, playworkers, nursery nurses and all other early years professionals should find it an empowering and uplifting guide.

### Contents

Inclusive Play in The Early Years / The Value of Inclusive Play / Creating and Sustaining Outdoor Play Environments / Enabling Inclusive Play Opportunities: The Role of Adults / Creative Input and Practical Ideas / Working Together; Managing For Inclusive Play / Useful Organizations and Resources. More information from:

[www.paulchapmanpublishing.co.uk](http://www.paulchapmanpublishing.co.uk)



THE NETWORK OF YOUTH CLUBS AND GROUPS IN SCOTLAND

## Coming Soon . . .

Part Time and Voluntary Youth Workers National Training Conference Weekend

If it's November it must be Practical Problems, Sensible Solutions again. Over 100 youth workers - for a weekend - working hard, playing hard . . . Don't miss out!! Details from Angela Mitchell at Youth Scotland on 0131 554 2561.

## In Print?



**LAYC** is looking for people with a background in youth work to read new publications and write reviews for Networks.

**For further details contact**  
[graham@layc.org.uk](mailto:graham@layc.org.uk)

