



LAYC Training Scheme Fun with Food



Introduction

There's more to food than you first imagine – it has to be a lot more than just a biscuit nowadays. Starting from very practical experiences in after school club settings this session will offer ideas on some of the advantages of getting children more directly involved in all sorts of food issues with your club.

The course is aimed at sessional and volunteer children's workers who are looking to use food based activities in their group programmes with children.

Content

The course will be practice based and provide opportunities to discuss and try out 'Fun with Food' activities, for using with the children you work with.

Outcomes

By the end of the course participants will have:

- An awareness of the opportunities to involve children in food related activities within their setting;
- A basic knowledge of the issues involved in working with children in this sort of activity;
- A practical opportunity to experience participating in a 'Fun with Food' activity.